



Gary C. Steven, MD, PhD, CPI

MEDICATION	LENGTH OF AVOIDANCE
ACTIFED	48 HOURS
ALAVERT	7 DAYS
ALLEGRA 180MG	7 DAYS
ALLEGRA 60MG	3 DAYS
ASTHMA INHALERS (ALL*)	AM OF APPT IF CAPABLE
ASTELIN	2 DAYS
ATARAX	3 DAYS
BENADRYL	3 DAYS
BROMFED	48 HOURS
BROMFED PD	48 HOURS
CHLORPHENIRAMINE	48 HOURS
CLARITIN 10MG	7 DAYS
CLARITIN D 12 HOUR	7 DAYS
CLARITIN D 24 HOUR	7 DAYS
CONTACT	48 HOURS
D/ALLERGY	48 HOURS
DAYQUIL	3 DAYS
DECONAMINE	48 HOURS
DELSYM COUGH SYRUP	48 HOURS
DIMETAPP	48 HOURS
DOXEPIN (FOR ITCHING ONLY)	3 DAYS
DRIXORAL (DEXAPHEN)	48 HOURS
FEXOFENADINE	7 DAYS
HYDROXYZINE	3 DAYS
KRONAFED A JR	48 HOURS
LORATADINE	7 DAYS
NYQIL	3 DAYS
ORNADE	48 HOURS
PEDIACARE	3 DAYS
PREDNISONE	7 DAYS FOR PATCH TESTING
PSEUDOCHLOR	48 HOURS
RONDEK TR (COLDEC)	3 DAYS
RYNATAN	48 HOURS
SUDAFED ALLERGY	48 HOURS
TAVIST D	48 HOURS
TRIAMINIC	5 DAYS
TRINALIN	48 HOURS
TYLENOL ALLERGY 12 HR	48 HOURS
WALITIN	7 DAYS
ZYRTEC 10 MG	7 DAYS

*ASTHMA INHALERS INCLUDE:

Aerobid, Albuterol, Alupent, Azmacort, Beclovent, Combivent, Flovent, Intal, Maxair, Proventil, Pulmacort, Serevent, Vanceril, Vanceril DS, Ventolin